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## CURRICULUM VITAE HIGHLIGHTS

### PROFESSIONAL & CLINICAL

#### **Chilkov Clinic, Founder and Director, 1979-Present**

Complementary Collaborative Medicine, Integrative Cancer Care and support integrating Traditional Oriental Medicine and acupuncture, botanic medicine, homeopathic medicine, orthomolecular nutrition, biomedicine, lifestyle and stress management, meditation and the development of self-care skills.

#### **Founder & CEO, Integrative Cancer Answers, 2012-Present**

Create a Body Where Cancer Cannot Thrive

#### **Founder & CEO, Pure Body Systems, LLC, 2013-Present**

Simply Superior Supplements, Doctor recommended

#### **Founder & CEO, American Institute of Integrative Oncology Research and Education, 2015-Present**

Education for frontline healthcare providers to deliver the health side of the cancer treatment equation

**#1 Best Selling Author: 32 Ways to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013**

#### **Original Huffington Post Author Blogger, Cancer Expert, Healthy Living, 2009-Present**

#### **Scientific Advisory Board, Fran Drescher's Cancer Schmancer Foundation, 2013-Present**

#### **Scientific Advisory Board, Mederi Foundation, 2009-Present**

Clinical research, educational programs and primary healthcare for patients with cancer and chronic illnesses

#### **Consultant, Jeremy P. Tarcher, Inc., 1992**

Consultant to Senior Health Editor, Connie Zweig. Los Angeles, California.

#### **Management Consultant, Self Management Systems, 1988-89**

Specializing in medical practice management, seminar development, manuals and literature for physicians, medical officers and staff; Malibu, California

#### **Nutritional Consultant, Karuna Corporation, 1984-86**

Manufacturer and distributor of nutritional, botanical and homeopathic medicines to physicians

#### **Founder & Director, Amrita Resources, 1976-84**

Education and resources to the general public on wellness medicine and new paradigms in healthcare



FACULTY, GUEST LECTURES & PROFESSIONAL SPEAKING

***Clinical and Prognostic Significance of Coagulation Assays in Management and Identification of Cancer***, OncANP 5th Annual Naturopathic Oncology Conference, Phoenix, AZ, 2016

***Cancer Prevention: Selected Predictive Biomarkers***, TAP Integrative Feature, Dr. Lise Alschuler, ND, 2016

***Integrative Cancer Care: Managing the Sides Effects of Cancer Treatment***, Professional Clinical Training, Invivo Clinical, London, UK, 2015

***Managing Cancer Treatment Side Effects with Nutraceutical and Botanical Medicine***, Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Miami, San Francisco, Los Angeles, Houston, New York City, 2015-2016

**Integrative Medicine Panel**, Fran Drescher's Women's Health Summit, Los Angeles, CA, 2015

***Botanical and Nutraceutical Management of Cancer Related Coagulopathies***, IOICP International Organization of Integrative Cancer Physicians, Best Answer for Cancer Conference, Reno, NV, 2015

***Ten Chinese Herbs that Transform the Cancer Micro-Environment***, 9th Evidence-based Complementary and Alternative Cancer Therapies Conference, Annie Appleseed Project, West Palm Beach, FL, 2015

***Managing Side Effects of Cancer Treatments***, The Integrated Health Conference, Integrated Health International, San Diego, CA, 2015

***Integrative Cancer Care: Managing the Cancer Bio-Terrain***, Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Dallas, Chicago, New York City, Phoenix, Orlando, Los Angeles, 2014

***Cancer Related Fatigue***, Cancer Strategies Healthy Medicine Conference, Phoenix, AZ, 2014

***Managing Side Effects of Cancer Treatment***, National Association of Nutrition Professionals Conference, Tucson, AZ, 2014

***Integrative Cancer Care: Managing the Biological Terrain***, Designs for Health Inc., Hyla Cass, M.D., October 2013

***Integrative Cancer Care: Laboratory Analysis, Herb and Nutrient Interventions***, Designs for Health Inc., 2009

***Macular Degeneration: A Functional Medicine Approach***, Designs for Health Inc., 2009

**School of Medicine, Department of Community and Environmental Medicine, University of California, Irvine, 1980**

**School of Medicine, Department of Complementary Medicine, University of California, Los Angeles, Dr. David Diehl, M.D., Clinical Externship Provider, 1989-1993**

**Pacific College of Naturopathic Medicine, Department of Botanic Medicine, San Rafael, CA, 1982-1984**

**Antioch University, Department of Holistic Health, San Francisco, CA, 1980-1986**

**Saint Luke's Hospital, School of Nursing, "Acupuncture Analgesia", San Francisco, CA, 1980**

**Emperor's College of Traditional Oriental Medicine, Santa Monica, CA, Department of Western Sciences Anatomy & Physiology, Nutrition & Chemistry, Medical Practice Management, Integrative Cancer Care, 1984-2011**

**SAMRA University of Oriental Medicine, Department of Anatomy and Physiology, Los Angeles, CA, 1986-1987**

**California Acupuncture College, Department of Nutrition, Los Angeles, CA, 1985-1987**



Seminars on Orthomolecular Nutrition and Botanic Medicine for Physicians, NF Physicians Formulas Inc., Guest Lecturer, Los Angeles, CA, 1985-1987

*Managing Menopause: Treatment Choices in Mainstream and Complementary Medicine*, in coordination with Pat Hackel, MFCC and Teena Summers, MFCC, Santa Monica, CA, Spring 1994

## SELECT PUBLISHED WORKS

**#1 Best Selling Author: 32 Way to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013**

**OutSmart Cancer Quickstart Guide: Take Control of Your Health, 2014**

**Huffington Post, Healthy Living, Cancer Expert**, Original Blogger Author, 2009-Present

**Cancer Strategies Journal**, Dwight Mckee M.D., Robert Zieve, M.D., Donald Yance, editors, 2012-2014

**Smart Woman Online Journal and App**, Ongoing Contributor, Change Corp

**American College for the Advancement of Medicine**, Online Contributor

**GreenMedInfo.com**, Contributor, 2013

**LiveStrong.com**, Contributor, 2011

**LiveStrong.com**, Guest Contributor, 2011

**Top 10 Cancer-Fighting Superfoods: Fighting Cancer in the Kitchen, 2014**

**13 Amazing Salads for Fighting Cancer in the Kitchen, 2014**

**6 Ways to Boost Your Immune System, Destroy Cancer Cells & Fight Infections Naturally, 2014**

**12 Imperial Herbs for Longevity & Rejuvenation, 2014**

**Don't Waste Your Money on Supplements: How to Choose Safe, Effective, Top Quality Supplements, 2014**

**Remove the Threat of Toxic Cancer-Causing Chemicals in Your Home: 8 Steps to Keep You & Your Family Safe, 2014**

**Sweets That Kill: The Link Between Diabetes, Blood Sugar, Body Fat and Cancer, 2012**

**Smart Women Live Their Why**, Chapter: Living Art: The Practice of Medicine and Healing, 2011

*Traditional Chinese Medicine: Treatment of Menstrual Disorders*, Alternative Medicine, Future Medicine Publishers, 1993

*Bromelain and Prostaglandin Production: Use as a Non-Steroidal Anti-Inflammatory Agent*, Journal of the Los Angeles Chiropractic Association, October 1984

*Mineral Aspartates*, Journal of the American Chiropractic Association, November 1984

*Herbal Medicine*, Monthly Column, Whole Life Times, 1984-1987

## SELECT INTERVIEWS & APPEARANCES

**NBC-TV Access Hollywood, Breast Cancer Expert**

**ABC 20/20, Cancer Expert**

**LA Weekly Health**

**Veria TV, Where on Earth Series, Health and Wellness Guest Expert**

**Whole Life Times, Botanical Medicine Expert**

**Organic Authority**

**Naturally Savvy Magazine**



**Integrated Health Magazine**, Integrative Cancer Care Expert

**Natural Health Magazine**

**The Truth About Cancer**, Ty Bollinger Video Series

**BELIEF**, Documentary film produced by Candor Entertainment and Dr. Joe Sorge, M.D.

**JJ Virgin Sugar Impact Diet Live**, The Link Between Sugar and Cancer

**Well.org**, Guest expert

**Alternative Cancer Research Institute** Radio, Health Care Journalist Connie Strasheim

**Integrative Pelvic Health Institute**, Jessica Drummond, M.P.T., C.N.C., C.H.C.

The Cancer Answers Global Summit, Jean Swann

Winter of Wellness Summit, Dr. Robyn Benson, D.O.M.

Healing Pain Summit, Dr. Joe Tatta, DPT, CCN

Love Your Mind, Love Your Body, Roberta Mittman, L.Ac., C.N.C.

Healthy Travelers Global Health Summit, Dr. Robyn Benson, D.O.M.

The Spa Doctor, Dr. Trevor Cates, N.D.

10 Minute Wellness Tips, Brad Costanzo & Bob Serling

**Vibrant Health Radio**, Dr. Ritamarie Loscalzo, D.C., C.C.N., D.A.C.B.N.

Hormones Balance Radio, Magdalena Wszelaki

**The Hormone Cure, Dr. Sara Gottfried, M.D.**

**Higher Ground Radio**, Portland Helmich

TLC Thyroid Lifestyle Summit, Jen Wittman

Menopause is a Trip, Travel First Class Summit, Katherine Miller

**Lifescrypt: Healthy Living for Women**

Self-Care Revolution, Dr. Robyn Benson, D.O.M.

**Hay House Radio**, Women and Cancer, Marcelle Pick, R.N.P.

Magnificent Menopause Radio, Series Expert on Cancer

**Healthy Medicine Radio**, Dr. Robert Zieve, M.D.

**Holistic Nutrition Lab: Integrative Cancer Care**, Andrea Nakayama

Moving Better Health Podcast, Joe Tatta, P.T., O.C.S, C.H.T.

Longevity Kitchen Cookbook by Rebecca Katz, Expert Interview

Natural Health Summit, Dr. Alexander Schuster, N.D., Ph.D. The Link between Inflammation and Cancer

**Five to Thrive Radio, Dr. Lise Alschuler, N.D.** Ancient Chinese Medicine and Modern Cancers

**Wellness for Life Radio, Dr. Susanne Bennett, D.C.**

**Couch Talk, Dr. Anna Cabeca, M.D.**

Elevate Your Energy Radio, Evelyne Lambrecht

Sexy Younger You, Dr. Anna Cabeca, M.D.

Smart Women Teleseminar, Sheri McConnell

**Cancer Answers TV, Dr. Judy Seeger, N.D.**

Holistic Radio, Dr. Cathy Rosenbaum, Pharm.D.

**Body Centered Leadership, Dr. John Amaral, D.C.**

**Lecture Series, Mikel Parsons, D.C.**

The Age Busters Power Summit, Jonny Friedman

## RECOGNITION & HONORS

**Woman of Strength Award for Clinical Excellence, Get In Touch Breast Cancer Foundation, 2014**

**Top 10 Online Influencers for Breast Cancer, ShareCare.com, founded by WebMD & Dr. Mehmet Oz, 2012**

**Recommended Health Care Provider Expert, Knockout: Interviews with Doctors Who Are Curing Cancer and How to Prevent Getting It in the First Place, Suzanne Somers, 2009**



**Scientific Advisory Board, Mederi Foundation, Donald Yance, Founder**

**Scientific Advisory Board, Cancer Schmancer Foundation, Fran Drescher, Founder**

**Advisory Board, Integrative Cancer Medicine Magazine, Cyndy Tercha, ed.**

**TEDMED San Francisco, 2014 Delegate**

Online Expert on Integrative Cancer Care, **360WomensHealth.com**

Featured Clinician, **4Wholeness.com Breast Cancer Resources**, 2012-Present

**Fullbright Award, University of California at Santa Barbara**

## PROFESSIONAL LICENSES & CERTIFICATES

Licensed Acupuncturist, Doctor of Oriental Medicine, State of California, 1986

Licensed Acupuncturist, State of Hawaii, 1990

Diplomate/Acupuncture, National Center for the Certification of Acupuncturists, 1986-present

Certification in Chinese Herbology, National Center for the Certification of Acupuncturists, 1994

Fellow, American Society of Acupuncturists, 1986

Fellow, Institute for Functional Medicine, Gig Harbor, Washington, 2000

Teaching Credential, State of California, Nutrition & Health Occupations, 1985/Currently inactive

## EDUCATION & TRAINING

Institute for Functional Medicine: Applying Functional Medicine in Clinical Practice, 2003

Mederi Foundation: Integrative Cancer Care, Advanced Clinical Applications of the ETMS in Cancer Care, 2009

Compassionate Care of the Dying, Joan Halifax, Ph.D., 2000

Doctor of Oriental Medicine, Certificate of Acupuncture, California Acupuncture College, 1986

Certificate Foundations of Homeopathy, International Foundation for Homeopathy, 1986

Bachelor of Arts, Cell Biology, San Francisco State University, 1982

St. Luke's Hospital School of Nursing, San Francisco, 1978-80

## PROFESSIONAL ORGANIZATIONS

American Institute of Integrative Oncology Research and Education

Society of Integrative Oncology

Society of Integrative Oncology and Chinese Medicine

American College for the Advancement of Medicine

California Acupuncture Association

American Association of Acupuncture and Oriental Medicine

Center for Oriental Medical Research and Education

National Center for Homeopathy

International Foundation for Homeopathy

Homeopathic Research Foundation

California State Homeopathic Medical Association

Homeopathic Association of Naturopathic Physicians

Herb Research Foundation

American Botanical Council

Third Line Medicine, Los Angeles