
Dr. Nalini Chilkov, L.Ac., O.M.D.
INTEGRATIVE CANCER ANSWERS™

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CURRICULUM VITAE HIGHLIGHTS

PROFESSIONAL & CLINICAL

Chilkov Clinic, Founder and Director, 1979-Present

Complementary Collaborative Medicine, Integrative Cancer Care and support integrating Traditional Oriental Medicine and acupuncture, botanic medicine, homeopathic medicine, orthomolecular nutrition, biomedicine, lifestyle and stress management, meditation and the development of self-care skills.

Founder & CEO, Integrative Cancer Answers, 2012-Present

Create a Body Where Cancer Cannot Thrive

Founder & CEO, Pure Body Systems, LLC, 2013-Present

Simply Superior Supplements, Doctor recommended

Founder & CEO, American Institute of Integrative Oncology Research and Education, 2015

#1 Best Selling Author: 32 Ways to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

Original Huffington Post Author Blogger, Cancer Expert, Healthy Living, 2009-Present

Scientific Advisory Board, Fran Drescher's Cancer Schmancer Foundation, 2013-Present

Scientific Advisory Board, Mederi Foundation, 2009-Present

Clinical research, educational programs and primary healthcare for patients with cancer and chronic illnesses.

Consultant, Jeremy P. Tarcher, Inc., 1992

Consultant to Senior Health Editor, Connie Zweig. Los Angeles, California.

Management Consultant, Self Management Systems, 1988-89

Specializing in medical practice management, seminar development, manuals and literature for physicians, medical officers and staff. Malibu, California.

Nutritional Consultant, Karuna Corporation, 1984-86

Manufacturer and distributor of nutritional, botanic and homeopathic medicines to physicians.

Founder & Director, Amrita Resources, 1976-84

Lectures, seminars and print media providing education and resources to the general public on wellness medicine and new paradigms in healthcare.

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INTEGRATIVE CANCER ANSWERS™

FACULTY, GUEST LECTURES & PROFESSIONAL SPEAKING

Integrative Cancer Care: Managing Cancer Treatment Side Effects with Nutraceutical and Botanical Medicine,

Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Miami, San Francisco, Los Angeles, Houston, New York City, 2015

Botanical and Nutraceutical Management of Cancer Related Coagulopathies, IOICP International Organization of

Integrative Cancer Physicians, Best Answer for Cancer Conference, Reno, NV, 2015

Ten Chinese Herbs that Transform the Cancer Micro-Environment, 9th Evidence-based Complementary and Alternative Cancer Therapies Conference, Annie Appleseed Project, West Palm Beach, FL, 2015

How To Turn On Your Cancer Fighting Genes, The Integrated Health Conference, Integrated Health International, San Diego, CA, 2015

Managing Side Effects of Cancer Treatments, The Integrated Health Conference, Integrated Health International, San Diego, CA, 2015

Integrative Cancer Care: Managing the Cancer Bio-Terrain, Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Dallas, Chicago, New York City, Phoenix, Orlando, Los Angeles, 2014

Cancer Related Fatigue, Cancer Strategies Healthy Medicine Conference, Phoenix, AZ, 2014

Managing Side Effects of Cancer Treatments, National Association of Nutrition Professionals Annual Conference, Tucson, AZ, 2014

Integrative Cancer Care: Managing the Biological Terrain, Designs for Health Inc., Hyla Cass, M.D., October 2013

Integrative Cancer Care: Laboratory Analysis, Herb and Nutrient Interventions, Designs for Health Inc., 2009

Macular Degeneration: A Functional Medicine Approach, Designs for Health Inc., 2009

School of Medicine, Department of Community and Environmental Medicine, University of California, Irvine, 1980

School of Medicine, Department of Complementary Medicine, University of California, Los Angeles, Dr. David Diehl, M.D., Clinical Externship Provider, 1989-1993

Pacific College of Naturopathic Medicine, Department of Botanic Medicine, San Rafael, CA, 1982-1984

Antioch University, Department of Holistic Health, San Francisco, CA, 1980-1986

Saint Luke's Hospital, School of Nursing, "Acupuncture Analgesia", San Francisco, CA, 1980

Emperor's College of Traditional Oriental Medicine, Santa Monica, CA, Department of Western Sciences Anatomy & Physiology, Nutrition & Chemistry, Medical Practice Management, Integrative Cancer Care, 1984-2011

SAMRA University of Oriental Medicine, Department of Anatomy and Physiology, Los Angeles, CA, 1986-1987

California Acupuncture College, Department of Nutrition, Los Angeles, CA, 1985-1987

Seminars on Orthomolecular Nutrition and Botanic Medicine for Physicians, NF Physicians Formulas Inc., Guest Lecturer, Los Angeles, CA, 1985-1987

Managing Menopause: Treatment Choices in Mainstream and Complementary Medicine, in coordination with Pat Hackel, MFCC and Teena Summers, MFCC, Santa Monica, CA, Spring 1994

SELECT PUBLISHED WORKS

#1 Best Selling Author: 32 Way to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

OutSmart Cancer Quickstart Guide: Take Control of Your Health, 2014

Huffington Post, Healthy Living, Cancer Expert, Original Blogger Author 2009-Present

Cancer Strategies Journal, 2012-2014, Dwight Mckee M.D., Robert Zieve, M.D., Donald Yancey, editors

Smart Woman Online Journal and App, Ongoing Contributor Change.Corp, Publisher

American College for the Advancement of Medicine Online Contributor

LiveStrong.com, 2011 Contributor

GreenMedInfo.com, 2013 Contributor

LiveStrong.com, 2011 Guest Contributor

Top 10 Cancer-Fighting Superfoods: Fighting Cancer in the Kitchen, 2014

13 Amazing Salads for Fighting Cancer in the Kitchen, 2014

6 Ways to Boost Your Immune System, Destroy Cancer Cells & Fight Infections Naturally, 2014

12 Imperial Herbs for Longevity & Rejuvenation, 2014

Don't Waste Your Money on Supplements: How to Choose Safe, Effective, Top Quality Supplements, 2014

How to Remove the Threat of Toxic Cancer-Causing Chemicals in Your Home: Eight Steps to Keep You and Your Family Safe, 2014

Sweets That Kill: The Link Between Diabetes, Blood Sugar, Body Fat and Cancer, 2012

Smart Women Live Their Why, Chapter: Living Art: The Practice of Medicine and Healing, 2011

Women's Health: Traditional Chinese Medicine: Treatment of Menstrual Disorders, Alternative Medicine, Future Medicine Publishers, 1993

Bromelain and Prostaglandin Production: Use as a Non-Steroidal Anti-Inflammatory Agent, Journal of the Los Angeles Chiropractic Association, October 1984

Mineral Aspartates, Journal of the American Chiropractic Association, November 1984

Herbal Medicine, Monthly Column, Whole Life Times, 1984-1987

SELECT INTERVIEWS & APPEARANCES

NBC-TV Access Hollywood, Breast Cancer Expert

ABC 20/20, Cancer Expert

LA Weekly Health

Veria TV, Where on Earth Series, Health and Wellness Guest Expert

Whole Life Times, Botanical Medicine Expert

Organic Authority

Naturally Savvy Magazine

Integrated Health Magazine, Integrative Cancer Care Expert

Natural Health Magazine

The Truth About Cancer, Ty Bollinger Video Series

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INTEGRATIVE CANCER ANSWERS™

BELIEF, Documentary film produced by Candor Entertainment and Dr. Joe Sorge, M.D.

JJ Virgin Sugar Impact Diet Live, The Link Between Sugar and Cancer

Well.org Guest expert

Alternative Cancer Research Institute Radio, Health Care Journalist Connie Strasheim

Integrative Pelvic Health Institute, Jessica Drummond, M.P.T., C.N.C., C.H.C.

Love Your Mind, Love Your Body, Roberta Mittman, L.Ac., C.N.C.

Healthy Travelers Global Health Summit, Dr. Robyn Benson, D.O.M.

The Spa Doctor, Dr. Trevor Cates, N.D.

Vibrant Health Radio, Dr. Ritamarie Loscalzo, D.C., C.C.N., D.A.C.B.N.

Hormones Balance Radio, Magdalena Wszelaki

The Hormone Cure, Dr. Sara Gottfried, M.D.

Higher Ground Radio, Portland Helmich

TLC Thyroid Lifestyle Summit, Jen Wittman

Menopause is a Trip, Travel First Class Summit, Katherine Miller

Lifescrypt: Healthy Living for Women

Self-Care Revolution, Dr. Robyn Benson, D.O.M.

Hay House Radio, Women and Cancer, Marcelle Pick, R.N.P.

Magnificent Menopause Radio, Series Expert on Cancer

Healthy Medicine Radio, Dr. Robert Zieve, M.D.

Holistic Nutrition Lab: Integrative Cancer Care, Andrea Nakayama

Moving Better Health Podcast, Joe Tatta, P.T., O.C.S, C.H.T.

Longevity Kitchen Cookbook by Rebecca Katz, Expert Interview

Natural Health Summit, Dr. Alexander Schuster, N.D., Ph.D. The Link between Inflammation and Cancer

Five to Thrive Radio, Dr. Lise Alschuler, N.D. Ancient Chinese Medicine and Modern Cancers

Wellness for Life Radio, Dr. Susanne Bennett, D.C.

Couch Talk, Dr. Anna Cabeca, M.D.

Elevate Your Energy Radio, Evelyne Lambrecht

Sexy Younger You, Dr. Anna Cabeca, M.D.

Smart Women Teleseminar, Sheri McConnell

Cancer Answers TV, Dr. Judy Seeger, N.D.

Holistic Radio, Dr. Cathy Rosenbaum, Pharm.D.

The Wisdom Show, Jean Swann Create A Body Where Cancer Cannot Thrive

Body Centered Leadership, Dr. John Amaral, D.C.

Lecture Series, Mikel Parsons, D.C.

The Age Busters Power Summit, Jonny Friedman

RECOGNITION & HONORS

Woman of Strength Award for Clinical Excellence, Get In Touch Breast Cancer Foundation, 2014

Top 10 Online Influencers for Breast Cancer, ShareCare.com, founded by WebMD & Dr. Mehmet Oz, 2012

Recommended Health Care Provider Expert, Knockout: Interviews with Doctors Who Are Curing Cancer and How to Prevent Getting It in the First Place, Suzanne Somers, 2009

Scientific Advisory Board, Mederi Foundation, Donald Yance, Founder

Scientific Advisory Board, Cancer Schmancer Foundation, Fran Drescher, Founder

Advisory Board, Integrative Cancer Medicine Magazine, Cyndy Tercha, ed.

TEDMED San Francisco, 2014 Delegate

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Online Expert on Integrative Cancer Care, **360WomensHealth.com** Four Part Cancer Series

Featured Clinician, **4Wholeness.com Breast Cancer Resources**, 2012-Present

Fullbright Award, University of California at Santa Barbara, Project Pakistan: Cross-cultural program administered by the United States Information Service, Washington, D.C. and the United States Consulate, Karachi, Pakistan, 1972

PROFESSIONAL LICENSES & CERTIFICATES

Licensed Acupuncturist, Doctor of Oriental Medicine, State of California, 1986

Licensed Acupuncturist, State of Hawaii, 1990

Diplomate/Acupuncture, National Center for the Certification of Acupuncturists, 1986-present

Certification in Chinese Herbology, National Center for the Certification of Acupuncturists, 1994

Fellow, American Society of Acupuncturists, 1986

Fellow, Institute for Functional Medicine, Gig Harbor, Washington, 2000

Teaching Credential, State of California, Nutrition & Health Occupations, 1985/Currently inactive

EDUCATION & TRAINING

Institute for Functional Medicine: Applying Functional Medicine in Clinical Practice, 2003

Mederi Foundation: Integrative Cancer Care, Advanced Clinical Applications of the ETMS in Cancer Care, 2009

Compassionate Care of the Dying, Joan Halifax, Ph.D., 2000

Doctor of Oriental Medicine, Certificate of Acupuncture, California Acupuncture College, 1986

Certificate Foundations of Homeopathy, International Foundation for Homeopathy, 1986

Bachelor of Arts, Cell Biology, San Francisco State University, 1982

St. Luke's Hospital School of Nursing, San Francisco, 1978-80

PROFESSIONAL ORGANIZATIONS

American Institute of Integrative Oncology Research and Education

Society of Integrative Oncology

Society of Integrative Oncology and Chinese Medicine

American College for the Advancement of Medicine

California Acupuncture Association

American Association of Acupuncture and Oriental Medicine

Center for Oriental Medical Research and Education

National Center for Homeopathy

International Foundation for Homeopathy

Homeopathic Research Foundation

California State Homeopathic Medical Association

Homeopathic Association of Naturopathic Physicians

Herb Research Foundation

American Botanical Council

Third Line Medicine, Los Angeles